

Student Medical Response Peer Helper Position Description

Position Title: Student Medical Response Peer Helper

Department: Student Wellness Services

Term: Fall 2022/Winter 2023

Number of Positions: Approximately 25

Hours: 4 hours/week or 16 hours/month + 3 hours of training

Length of Position: Ex. September 01, 2022 – April 30, 2023

This is a competitive student leadership volunteer opportunity open to all University of Calgary students.

POSITION DESCRIPTION

The Student Medical Response (SMR) works in conjunction with the University of Calgary's Student Wellness Services, Campus Security and Risk Department, and community partners to provide on-call emergency medical response to the campus community, and standby services to event participants at UCalgary events. SMR is a registered Medical First Response agency with Alberta Health Services Emergency Medical Services (EMS).

As a volunteer, you will be required to provide emergency medical assistance to the campus community during day to day on call response and at major UCalgary events. This will require you to interact and work in a team with other SMR volunteers, campus security, firefighters, paramedics, and police. All volunteers are expected to fulfill their responsibilities in a safe manner, while adhering to the professional standards set out by the University procedures, and policies. Please note that this volunteer position requires a reasonable degree of physical fitness such as the ability to lift over 35 pounds and may involve periods of standing and/or sitting.

Experience in medicine, nursing, athletic therapy, emergency services, physiotherapy and other allied health professions are an asset. However, the position is open to students in all programs and career goals and is encouraged.

TASKS AND RESPONSIBILITIES:

In conjunction with Campus Security, provide medical first response to medical emergencies on campus

Provide initial medical care to injured or sick individuals at various UCalgary events

- Attend regular training programs and meetings
- Maintain patient confidentiality and respect
- Minimum shift commitment is 16hours/month, plus monthly mandatory training
- Other duties as assigned.

BENEFITS:

- Free Training in Advanced Medical First Responder and Healthcare Provider CPR (Exceeds Standard First Aid) depending on the year of study entering
- Ability to add experience to official UCalgary co-curricular record
- Develop leadership skills and the abilities to think quickly, and manage stress in emergent settings
- The opportunity to attend major UCalgary events free of cost
- Gain valuable experience towards possible career options in medicine, nursing, and/or medical first responder (firefighting, EMS)
- Developing critical thinking and teamwork necessary to succeed in any professional environment
- Gain first-hand exposure to a wide variety of community resources including EMS, fire, nursing, medical school
- Opportunity to get involved and give back to your UCalgary community
- Experience unique opportunities such as competing in provincial first responder competitions
- Credit on the Co-Curricular Record
- Become part of the Peer Helper community throughout offices across campus
- Valuable leadership training opportunities provided to all UCalgary Peer Helpers
- StrengthsQuest Assessment code to identify your "Top 5 Themes of Talent"
- Access to the Peer Helper Office Space (MSC 450)

(Included for all):

- Credit on the Co-Curricular Record
- Become part of the Peer Helper community throughout offices across campus
- Valuable leadership training opportunities provided to all UCalgary Peer Helpers
- StrengthsQuest Assessment code to identify your "Top 5 Themes of Talent"

COMMITMENT:

The time commitment of this position is on average 4-8 hours per week. Daily coverage and weekly time commitment are subject to change based on needs of SMR operation. Your hourly commitments may include:

- Monthly training meetings required to be attended by all SMR Members
- Time spent on medical standby at special events
- Daily coverage from 0900-1700hrs Monday through Friday

QUALIFICATIONS:

- Demonstrated professionalism, maturity and good judgment;
- Strong ability to work in a team environment

- Conscientious and dedicated attitude necessary to complete training and practice requirements
- Professional and respectful demeanor to uphold patient trust and confidentiality at all times
- Current Standard First Aid, CPR-C Certification from one of the following: Canadian Red Cross,
 St. John Ambulance, Lifesaving Society of Canada, Heart & Stroke Foundation, or Canadian Ski
 Patrol
- Previous experience in nursing, medicine, lifeguarding, ski patrolling, or first aid is helpful, but is not required; all programs and all years considered (Undergrad, Masters, PhD)
- Excellent oral and written communication skills;
- In good academic standing
- Proficiency in Microsoft Word, Excel and PowerPoint (or Pages and Keynote); and
- Have experience working with student groups.
- As the Peer Helper Program is meant to enhance the student experience and supplement
 academic learning, all Peer Helpers must demonstrate their ability to balance their academics
 with their extracurricular commitments, and must be in good academic standing
- All Peer Helpers must be in good standing with the Office of Student Conduct

Mandatory:

- As the Peer Helper Program is meant to enhance the student experience and supplement academic learning, all Peer Helpers must demonstrate their ability to balance their academics with their extracurricular commitments, and must be in good academic standing
- All Peer Helpers must be in good standing with the Office of Student Conduct

EMPLOYABILITY SKILLS:

As a result of volunteering in this role, students can expect to develop their employability skills in the following focus areas, as outlined by the Conference Board of Canada's Employability Skills:

- Communication Skills: Gain public speaking, presentation and group facilitation skills;
- **Teamwork Skills**: Develop skills in understanding group dynamics, engaging in dialogue with others who approach learning, work and world issues differently, and event/project management; and
- Personal Management Skills: Learn how your strengths help you succeed, and how to be
 adaptable in different settings. You will also have the opportunity to work on learning goals in
 this position using the SMART model.

As a University of Calgary Peer Helper, you will also have the opportunity to work within a collaborative team environment, expand your network of students, faculty, and staff and have access to specific career development opportunities provided through the Peer Helper Program.

PEER HELPER PROFESSIONAL DEVELOPMENT PROGRAM:

The Peer Helper Program engages 300 students every year through 17 different on-campus offices. A key part of being a Peer Helper is having the opportunity to develop your employability skills and

experiences, and then translate those experiences into strong interview stories. Launched in 2019-2020, the Peer Helper Professional Development (PHPD) Program helps Peer Helpers meet these goals. In 2020-2021, all Peer Helpers program wide will be required to attend two PHPD workshops (in-person or online).

APPLICATION PROCESS

To apply, please submit an online Peer Helper application form available on the <u>Peer Helper Program's</u> website by **4:30pm** on **October I**st, **2022**. If you have any questions, please direct them to php@ucalgary.ca. Candidates selected for an interview should expect to meet on Zoom during August, September, and/or October to interview. Decisions are made in groups of candidates.